

# January Focus

*Word*



*Worship*



*Prayer*



*#Fastentional*



## HOPEWELL MISSIONARY BAPTIST CHURCH

400 E. Main Street  
Carbondale, IL 62901  
618-529-3975

[www.hopewellmb.org](http://www.hopewellmb.org)

Christopher E. Swims - Senior Pastor



@HOPEWELLMB



# Corporate Fast

*January 2018*

## ***Fasting should not...***

*...be your weight loss plan.*

*...be a fad to impress your family, friends or social media followers.*

*...be a "magical" way to get God to do what you want him to do.*

*...be a dare to see how long you can go without food.*

## ***Fasting should...***

*...empower you with God's favor, wisdom and direction.*

*...enable you to enter into a higher fellowship with God.*

*...symbolize the re-dedication and purification of our hearts and souls towards God.*

*...remove carnality and self-centeredness from freely operating in our lives.*

*...break the power of darkness that attempts to influence and control our lives.*

*...allow God to increase His power within us for greater work.*

*...redirect our focus so that we may be in sync with God's timing and seasons of blessings for our lives.*

## **Words for Wednesdays**

### **Psalm 119:105**

Your word is a lamp for my feet, a light on my path.

### **Hebrews 4:12**

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

### **John 4:24**

God is spirit, and his worshipers must worship in the Spirit and in truth.

### **Psalm 66:17**

I cried out to him with my mouth; his praise was on my tongue.

### **1 Thessalonians 5:16-18**

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

## ***Fasting Details***

***NO FOOD  
WATER ONLY  
EVERY WEDNESDAY  
6AM - 6PM***

## ***Reminders***

*Corporate Prayer every 2nd & 4th  
Tuesday at 6:30 pm*

*Follow the church on your social  
media platforms for weekly videos  
from Pastor Swims*

*Midweek Worship and Word every  
Wednesday @ 7pm*

*\*\*\*Please consult with your physician if  
you are on medication, an expectant  
or nursing mother or have medical  
conditions. \*\*\**